|  |  |  |
| --- | --- | --- |
| Recreational Sports Facilities Information  P. E. Complex, Room B042  812-888-5546  Recreational Sports Facilities Coordinator  Michael Taylor  812-888-4957  www.vinu.edu/pe-complex | **VINCENNES UNIVERSITY**  **Recreational Sports**  **Spring 2019**  **(January 14 thru May 10)**  **Physical Education Complex** | Student Activities Complex Coordinator  James Minderman  812-888-4592 |

**UPDATED: 1-14-2019**

The Physical Education Complex will be open for recreation in most areas at 2 p.m. weekdays and 12 noon on Saturday and Sunday. Closing time is 9 p.m. Monday thru Thursday; 8 p.m. Friday and Sunday; 7 p.m. Saturday. Announcements will be made prior to the actual closing of the facilities.

***Vacation/Holiday hours may vary and schedules will be posted on the MyVU website and on facility doors.***

***Special events/reservations must be approved through the VU Reservations online system.***

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **ACTIVITY AREA** | | | **TIME AVAILABLE** | **DAYS** | **SPECIAL NOTES REGARDING USE OF AREA** |
| **Main Area** (upper decks) | | | 2 pm – 9 pm  2 pm – 8 pm  2 pm – 7 pm | Mon – Thurs  Fri and Sun  Sat | Open Recreation will not interfere with a scheduled P. E. class time on the upper decks. Class needs have first priority. |
| **Physical Fitness Centers** | | |  |  | Available when classes/athletics are not using area. Athletic team use of the area(s) will be posted on the bulletin board outside in the hallway. Drop-in recreation will occur after class use and athletic team use. Class use has first priority.  Students are encouraged to utilize the Student Rec Center fitness areas.  P. E. Complex Fitness Centers are closed during athletic and special events. |
|  | | Free Weights Area,  Cardio Area,  Selectorized Equipment (machines) | 7 am – closing  12 pm – closing | Mon – Fri  Sat and Sun |
| **Racquetball Court** | | | 7 am – closing  12 pm – 8 pm | Mon – Fri  Sat and Sun | **Protective eyewear is recommended while playing.**  For racquetball court reservations, call 812-888-5546.  Closed during athletic and special events. |
| **Fitness Studios** | | |  | | |
|  | | Studio 1 (Room B038) | 4pm – 9pm  12pm – 7pm  12pm – 8pm | Mon-Fri  Sat  Sun |  |
|  | | Studio 2 (Room B034) | 7 am – 9pm  12pm – 7pm  12pm – 8pm | Mon-Fri  Sat  Sun |  |
|  | | Studio 3 (Room B033) (MMA Room) | 7 am – 9 pm  12pm – 7pm  12pm – 8pm | Mon-Fri  Sat  Sun |  |
| **Track/ Outdoor Activity Fields and Courts** | | | The Outdoor Track is available until Student Rec. Center closes each night. *Soccer and Baseball fields are restricted Athletic/P.E. fields and are not available for general use.* Lights for the outdoor sand volleyball courts and basketball courts will normally operate until 11:30 p.m. | | |
| **Beless Gymnasium** | | | This gymnasium is only available by special request | | |
| **ALL RECREATION STATIONS (in the P.E. Complex Main Gym Area) WILL CLOSE FOR MEN’S AND WOMEN’S BASKETBALL GAMES AND WOMEN’S VOLLEYBALL MATCHES. INTRAMURAL ACTIVITIES MAY PRE-EMPT SCHEDULE. ON OCCASION, SPECIAL EVENTS WILL PRE-EMPT SCHEDULE.** | | | | | |
| **Bowling Center** | | | 10 am – 10 pm  10 am – 11pm  3 pm – 11 pm  5 pm – 10 pm | Mon – Thurs  Fri  Sat  Sun |  |
| **Bowling Center Information**  **(812) 888-4393** | | | **Bowling:** VU Students $2.00 per game with current VU ID. VU Faculty and Staff $2.50 per game with current VU ID. Public $2.75 without current VU ID. Shoe Rental $2.00. Disposable Socks $1.00.  Locker Rentals $10.00 per year with a $5.00 Key Deposit.  Billiards (pool) and Air Hockey tables are available for $3.75 per hour per table.  **All alcohol and tobacco products are banned from V. U. buildings**. See #7 below in **Reminders**.  For more information regarding the Lanes, please call 888-4393 (information/counter) or 888-4395 (office). | | |
| **Jefferson Union Student Center**  **Jefferson Union Café**  **Jazzmans Brew & Bakery (coffee)** | | | 7 am – midnight  10:30 am – 10:30 pm  1 pm – 12 midnight  3 pm – 10:30 pm  7:30 am – 1:30 pm | Mon – Sun  Mon – Fri  Sat  Sun  Mon – Fri | The new Student Center is open for the VU community. Video games are available for check-out during Bowling Center open hours.  Café is open to purchase sandwiches, soft drinks, ice cream, etc.  When leagues are not in session, hours will be 3 pm to midnight Saturdays.  Hot and cold espresso, latte, etc.; freshly baked cookies, muffins; fruit |
| REMINDERS | | |  | | |
|  | 1. To enter the gym, please use the six doors next to the trophy case located in the east lobby. Please have your current VU Blazer OneCard with you at all times. Please show your ID to the employee at the ID Station to enter the PEC facilities. YOU WILL NOT BE ALLOWED IN WITHOUT IT!!!! *Do not leave ID cards unattended*. New ID’s are available in the Audio-Visual Dept. in the Learning Resource Center (LRC). 2. Proper athletic attire is required in all activity areas while participating (sweats or shorts, and shirts required.) 3. Non-marking, clean, athletic footwear is required in all activity areas while participating. 4. No rollerblades, skateboards, or bicycles are allowed in any of the Recreational Sports Facilities. ADA compliant scooters and service animals are welcomed. 5. The MAIN FLOOR is a restricted use area for athletic, physical education classes, and special events. PLEASE STAY OFF! 6. Do not hang from the Basketball Goals on the upper decks or on the outside courts. 7. Please refrain from bringing food and drink items (including gum) into all activity areas. 8. **The** **P. E. Complex, Student Recreation Center, Aquatic Center, Bowling Center, and Jefferson Student Center are alcohol, e-cigarette and tobacco-free (smoking or chewing) facilities**. 9. Users will follow behavioral expectations of the University. This includes no fighting and no profanity. See posted Rules/Regulations. 10. **Users are welcome to use audio devices for listening enjoyment. However, only personal headphones/earbuds are allowed. No external speakers will be allowed in any of the common areas of recreational facilities.** | | | | |

**PHYSICAL EDUCATION COMPLEX**

**POLICIES & PROCEDURES**

**2018 - 2019**

This campus recreation facility offers the students, faculty, staff, and guests of Vincennes University an outstanding opportunity to participate in a wide variety of indoor/outdoor recreational activities.

### **Statement of Objectives by Priorities**

1. To provide health, physical education, and recreation classes for Vincennes University students.
2. To provide athletic opportunities for Vincennes University-sponsored athletic programs.
3. To provide informal and intramural recreational facilities for the University students, faculty, staff, and families.
4. To enhance the development and maintenance of individual physical fitness.
5. To provide facilities for Vincennes University sponsored activities.
6. To coordinate facility scheduling with public/community groups who request use of the P. E. Complex and associated facilities.

**GENERAL POLICIES**

The P. E. Complex and related areas (including SRC & Beless Gymnasium and outdoor athletic/intramural/recreational areas) are available without charge to the VU community as outlined below. ***See Learning Resource Center (LRC) Media Services or Human Resources to obtain a valid ID if you do not already have one.*** The Facilities Coordinator of Recreational Sports is responsible for scheduling all activities/areas within the PEC and associated facilities. Any person or group desiring to schedule any of the facilities should contact the office by calling 812-888-5546 or 812-888-5125.

1. **Students** – All students with a valid current *VU* Blazer OneCard. During summer months, students registered for the following VU fall semester will have access to the recreation facilities. Qualifying students have *occasional* Guest privileges (see item E).
2. **Faculty/Staff** – currently employed full-time faculty and staff members and their spouse and dependent children have access to the recreation facilities with their proper VU ID Card. Dependents of full-time employees aged 18+ may use recreation facilities on their own. **Dependents under age 18 (including those confined to strollers) must be accompanied by parent ID holder at all times.** Qualifying faculty/staff have Guest privileges (see item E).
3. **Retirees from full-time employment with VU** – Retirees who participate in the University health insurance plan have access to the recreation facilities, as well as their spouses and dependent children who participate in the University health insurance plan. Qualifying dependents aged 18+ may use recreation facilities on their own with valid VU ID. Qualifying dependents under age 18 (including those confined to strollers) must be accompanied by parent/grandparent ID holder at all times.
4. **Board Members** – Current members of the University Board of Trustees and spouses of current members have access to the recreation facilities with appropriate valid VU ID.
5. **Guests** – Guest privileges are available to qualifying students and full-time faculty and staff (see above items A and B). ***Privileges are extended for an occasional guest. Students are limited to one (1) guest per visit*.** Guests must be age **18** or older and they must be accompanied **at all times** during the visit by the student/faculty/staff member with a valid ID. All guests will sign in and present an ID upon entering recreation facilities. The ID will be held at the ID desk while visitor is in the recreation facilities. Abuse of guest privileges will cause revocation of that privilege.

**EQUIPMENT CHECK-OUT** – Equipment may be checked out of the Equipment Room (lower level) by presenting a current valid VU Blazer OneCard or current valid Faculty/staff ID. Individuals will complete a check-out form and accept responsibility for the equipment. Damage or late fees may be assessed for misuse. Late fee is 50 cents per day per item. A full array of equipment is available. **Free locks are available for check out.** For information, call 812-888-5546.  
  
**Shower and** **Exercise (sweat) towels are available for check out for single day use from the Equipment Room with a valid VU ID.** *To protect fitness center equipment and equipment users, continually wipe sweat from your body and wipe down each unit after using it.*

**PROPER ATTIRE** – While using Recreational Sports facilities, proper attire is required for all males and females (full t-shirts, shorts, socks, sweats, warm-ups, jogging suits, etc.). For your safety and the protection of our equipment, NO street clothes are allowed during workouts. Proper footwear (clean, non-marking athletic footwear) must be worn at all times.

**LOCKER USE** – Eligible users may obtain a locker for use by completing a locker agreement card through the Facilities Office and by providing a combination or key lock. Five (5) locker rooms are located within the Complex. Check with the Facilities staff to locate the proper room you are to use and for its availability. For assistance, go to the Facilities Office next to the water fountain on the east side of the lower level. Patrons must only use the locker room of his/her own gender.

**MAIN GYM FLOOR** – This is used for P. E. Classes, Athletics, and Intramural events. NO OPEN RECREATION IS ALLOWED ON THIS FLOOR!!

**OUTDOOR** – Sand Volleyball (2 courts), Basketball (2 courts), and Softball (2 fields) are available for use. Lights are on from dusk to 11:30 p.m.

**VALUABLES** – Do not leave valuable personal belongings unattended. Use common sense, secure items, and be safe. We are not responsible for lost or stolen items.

**BLAZER ONECARD STUDENT ID CARD** – Needs to be secured at all times with the user or in a secured location to protect it from misuse.